

RIZAP Group's Medium-term Management Plan (FY 3/23 to FY 3/26)

September 28, 2022 RIZAP Group, Inc.

(Ambitious Market of Sapporo Securities Exchange; Securities Code: 2928)

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Highlights

As we earned profit for two consecutive terms and succeeded in the management reform, we accelerated the investment for growth of the new business "chocozap."

- 1. Due to results from the management reform transformation, we earned profits for two consecutive terms, considerably increasing profit.
 - Operating profit in the previous term (FY 3/22) was 5.2 billion yen, up 328% year on year.
 - Improvement in the break-even point: 71.4% compared with that before structural reform (FY 3/19).

2. Investment into the new business "chocozap"

- Implementation of an original method for "producing good results with a 5-min. workout" at extremely reasonable prices based on the knowledge RIZAP has accumulated for 10 years.
- Seeing favorable results from our marketing test, we carried out upfront investments earlier than scheduled.
- We will invest 50 billion yen for growth, mainly for the chocozap business (FY 3/23 to FY 3/26).

3. Medium-term management goal: Operating profit of 30 billion yen (FY 3/26)

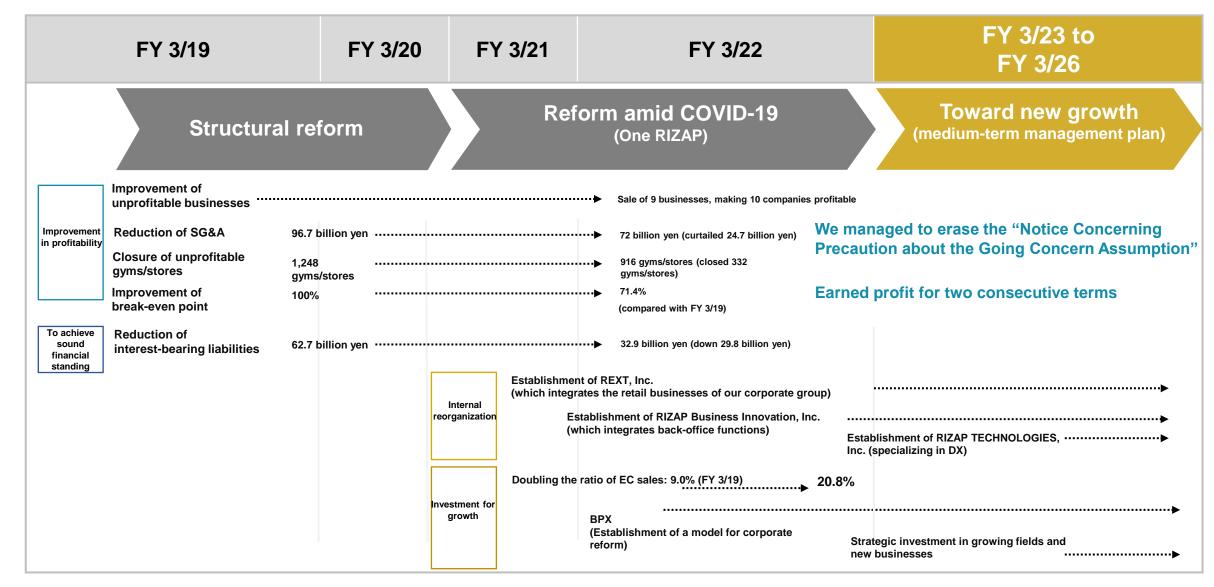
- RIZAP-related business: To increase operating profit to over 17 billion yen, by investing in mainly the chocozap business.
- Other existing businesses: To increase operating profit to 14 billion yen, by stably growing profit through the continuation of management optimization.



1. Summary of Management Reform

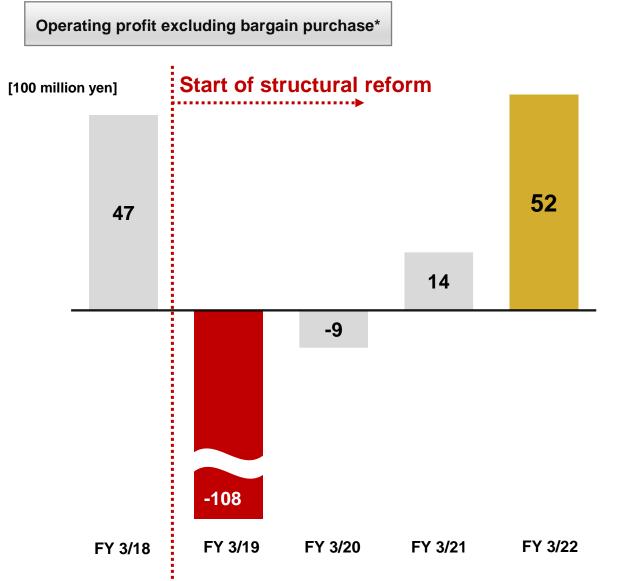






Improvements in Operating Profit (IFRS)





Earning profit for two consecutive terms.
Increasing profit considerably.



Developing a new core pillar for generating revenue

^{*}Based on the information disclosed at that time

^{*}Operating profit excluding bargain purchase: Operating profit (IFRS) - Bargain purchase

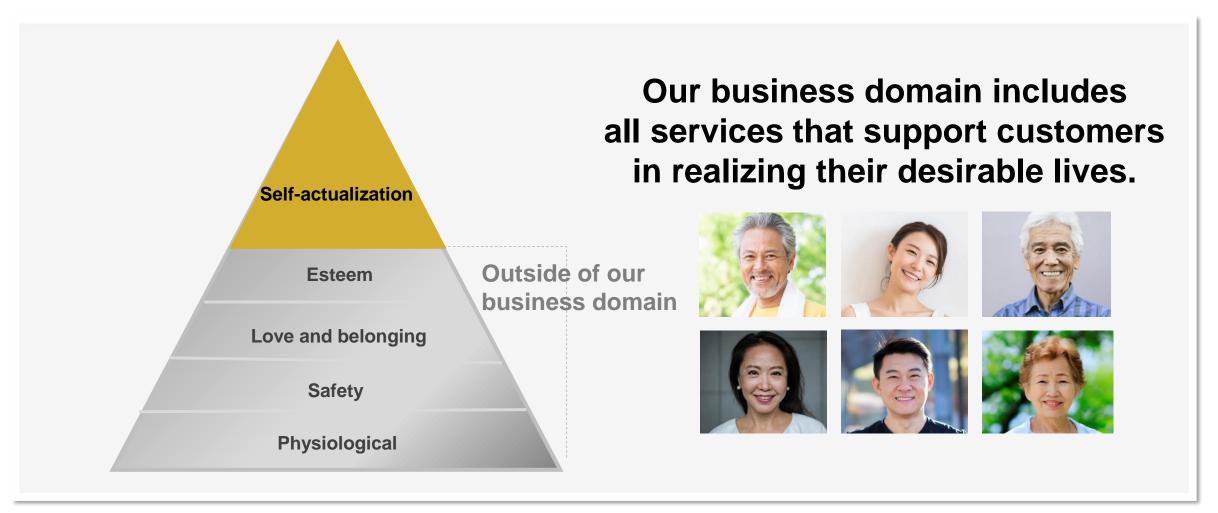


2. Vision and Business Domain

Vision and Business Domain of RIZAP Group



To become the No.1 global brand in "the industry for satisfying the needs for self-actualization," which is our business domain since our founding



Becoming an Enterprise to Make the Most Contributions to the Wellness of Humankind



To realize a society in which people can achieve any kind of self-actualization based on wellness



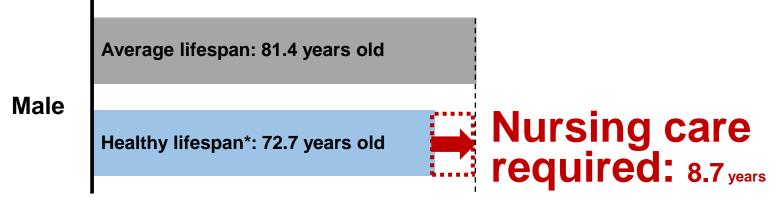


To prolong healthy lifespan

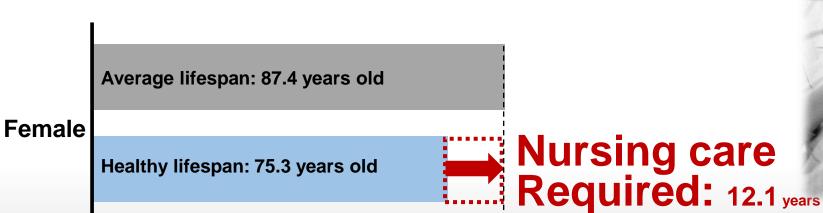


Difference between Healthy Lifespan and Average Lifespan in Japan





Nursing care required for about 10 years



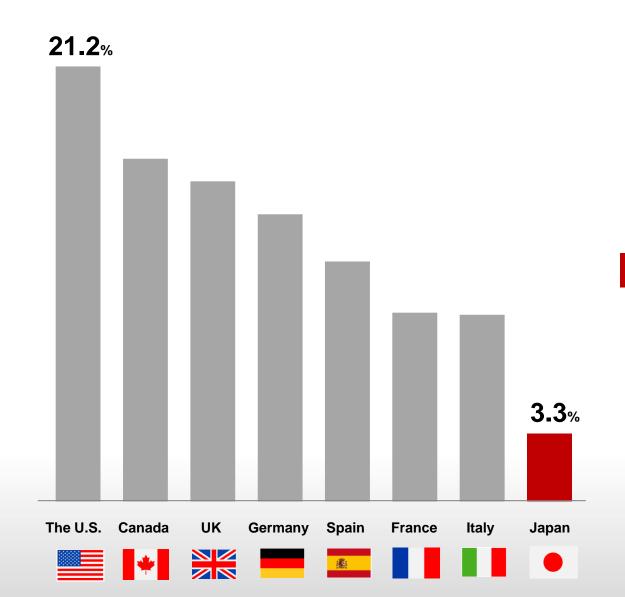


^{*}Average and healthy lifespan of Japanese men and women (Ministry of Health, Labour and Welfare, 2019)

^{*&}quot;Healthy lifespan" = Period calculated by subtracting the period in which nursing care is required because the person is bedridden or suffers from dementia from the average lifespan, which is an indicator proposed by WHO

Ratio of Fitness Club Members





The ratio of Japanese people who spend time in fitness is significantly lower than those of other countries

Factors that Prevent People from Making a Habit of Exercising in a Sports Club



1-year member retention rate of sports gyms [%]

Difficult-toaccess location Not a daily habit (once or twice a week)

56%

Cannot spare
sufficient time for
exercise
(It takes about 2 hours.)

Difficult to learn how to exercise alone

About half of members cancel a membership within 1 year

Expensive membership fees

Not effective

Current Issues



User-friendly, convenient, and insufficient choices for affordable fitness gyms

	Results	No. of Gyms	Price
Current Situation	Difficult (Difficulty in learning know-how and making a habit of exercising)	Difficult to access (No. of convenience stores: 56,000)*1	Somewhat expensive
Personal Gym	Good results can be obtained with one-on-one support.	RIZAP is the industry leader with 123 gyms.	Upwards of a few hundred thousand yen. Expensive in general.
Fitness Gym	It is difficult to complete the entire program alone.	About 5,000 gyms ^{*2}	5,000-10,000 yen/month Slightly expensive to keep paying

^{*1 &}quot;Statistical data on convenience stores" (Japan Franchise Association, 2022)

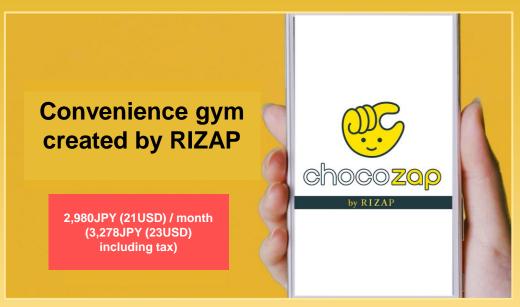


3. New Business "chocozap"



Please watch the video (introducing chocozap)

Launch of chocozap, a convenience gym created by RIZAP





^{*}Initial membership fee and handling charges: 5,000JPY (35USD)

Primary Targets



Workout beginners

100 million people
(Japanese population aged 15-89 years
Prospective fitness club members)



Seniors

36 million people (aged 65 years or older)



Women

36 million people (aged 15-64 years)



Workout experts

(not targeted)

^{*&}quot;Population Estimates in Sep. 2022" (Statistics Bureau, Ministry of Internal Affairs and Communications, 2022)

Program of a healthy habit of exercising for only 5 min. per day, which was developed by RIZAP

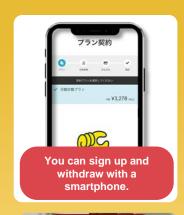
Easy





All gyms are available 24 hours a day, 365 days a year. Beauty care and hair removal devices and golf gear, too, are available. (without additional charge)

Convenient

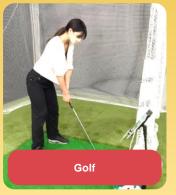
















The membership fee is 1/100 of the fee of RIZAP.

Affordable



*Initial membership fee and handling charges: 5,000JPY(35USD)



chocozap app

To be released in the first half of October





Based on lifelogs and traits of customers, Al proposes an optimal workout.





Based on lifelogs, the most suitable video is proposed.

Optimal solutions are proposed based on lifelogs and Al.





The starter kit will be distributed to every customer. (spending about 4 billion yen per year)



Body composition analyzer





chocozap app



A total of 19 items can be measured.

Health watch





*We plan to start distributing the starter kit in November.

*You can check your diastolic/systolic blood pressure, body temperature, and heart rate only with an app.

Incorporated easy-to-use and convenient functions



You can sign up and withdraw with an app.



You can search for gyms and display their occupancy states.



You can enter and leave a gym with a QR code.



Automatic linkage between your body composition analyzer and health watch

To support customers in keeping exercising











Gamification function to help customers keep exercising

Customers can support one another within the chocozap community.

Security and safety through Al and DX



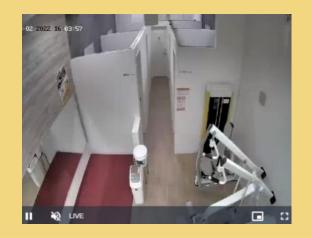


Only members can enter gyms.
Security assured



Minimization of blind spots

The number of surveillance cameras around each locker is two or more times the normal number.



Average number of surveillance cameras per gym:

10





Al will detect "suspicious behavior" and "falls" and notify our company and management firms.



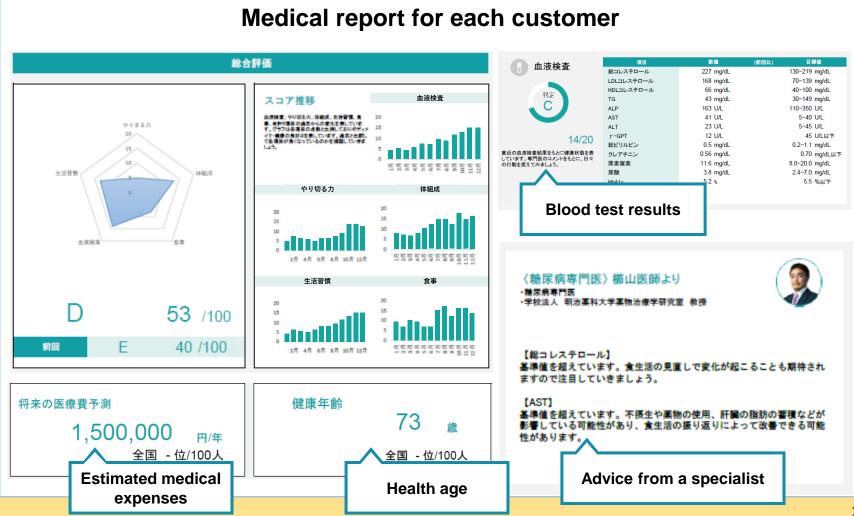


Videos are recorded 24 hours a day, 365 days a year and notify nearby staff to respond.

Advice from a medical perspective

Additional charge: 3,000 yen (TBD)

Blood test RIZAP chocozap **Optional** For all (for applicants only) members



Business Model of chocozap





Creation of the world's first "convenience gym" based on the know-how RIZAP has nurtured for 10 years

Easy



You can exercise for 5 min. per day, without changing clothes or shoes. Video instructions for beginners so that they can work out without any worries.

Convenient



Every gym is available 24 hours a day, 365 days a year.
Video instructions for at-home workouts.

Affordable



Highly reasonable plan to use 24-hour gyms as much as you want.

2,980 yen/month (3,278 yen including tax)

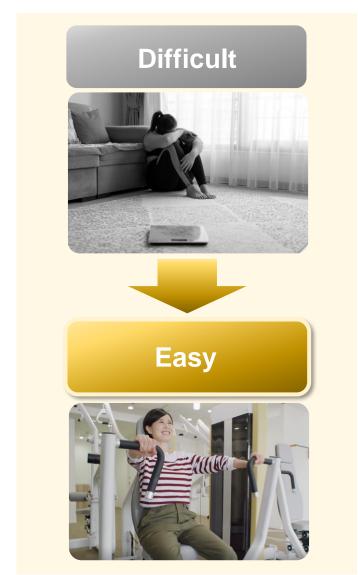
*Initial membership fee and handling charges: 5,000 yen

2,980 yen/month (subscription)
You can use gyms, beauty care and
hair removal devices, and golf gear
as much as you want.

Customer's Recognition and Behavior



The common sense of fitness will change, and each customer's behavior will change.





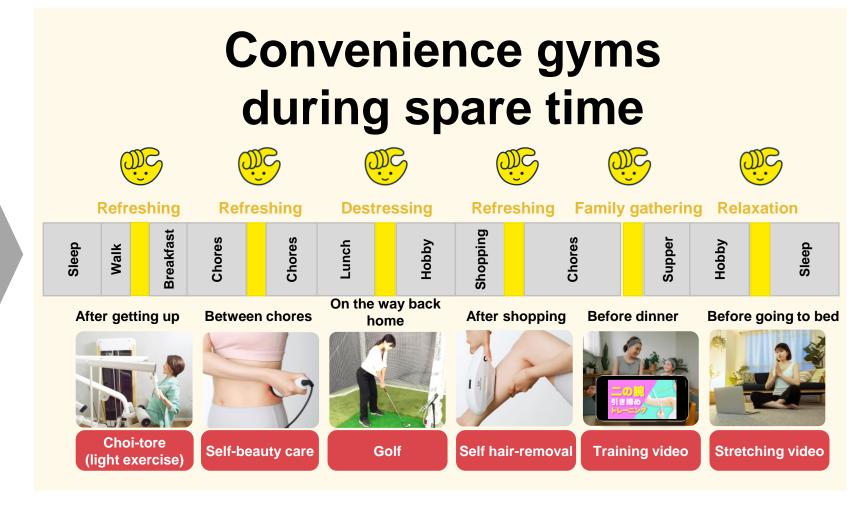


Utilization of "spare time"



New ways of spending "spare time"



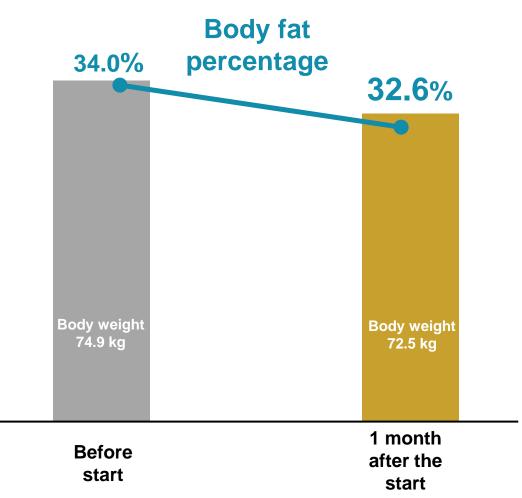


^{*&}quot;Survey on the actual situation of citizens regarding the use of smartphones" (PR TIMES, 2021)

Effects of "exercising for 5 min/day"



Variations in body weight and body fat percentage*



The proven effects of "exercising for 5 min/day" (1 month later)



- Body weight: Down 2.4 kg, body fat percentage: down 1.4%*1
- Physical age: Down 8.6 years on average*2
- No. of side steps: Up 7.8 at a maximum*3

^{*}This slide shows the results of the test for demonstrating the effects of this program as of September 28, 2022.

^{*}The actual advertisement of this business may be different from the contents of this slide.

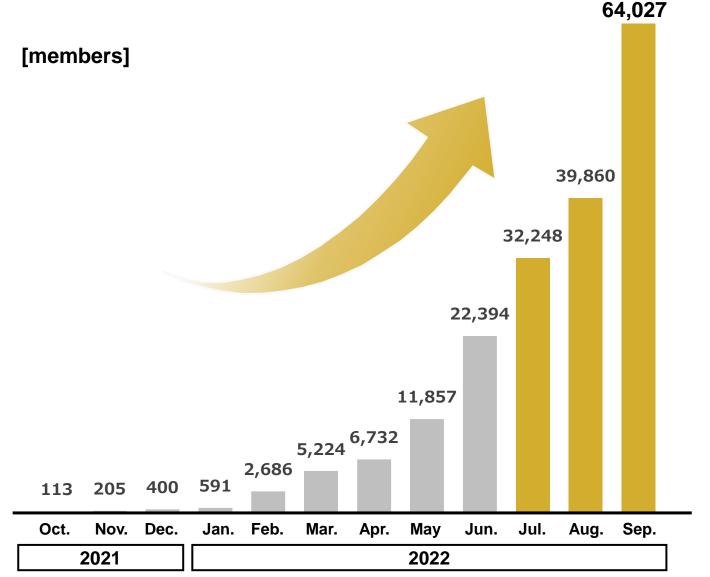
^{*1} Statistical results of 12 subjects (aged 38-63 years; average age: 49.7 ± 9.6 years old) who underwent chocozap's programs for fat-burning, beauty, and functional improvement

^{*2} Statistical results of 10 subjects (aged 53-75 years; average age: 63.4 ± 7.6 years old) who underwent chocozap's program for improving physical and muscular strengths

^{*3} Statistical results of 6 subjects (aged 53-64 years; average age: 58.7 ± 4.8 years old) who underwent chocozap's program for improving physical and muscular strengths

Change in the Number of Members





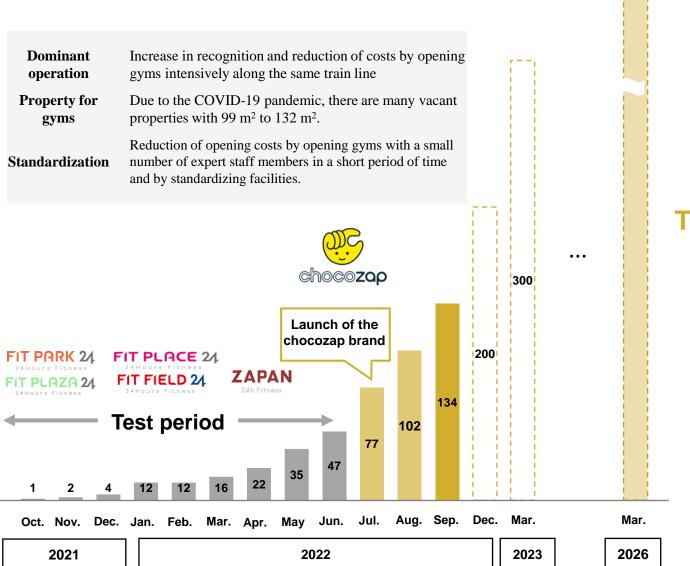
The number of members exceeded 60,000 in 1 year.

(Sales scale: 2 billion yen)

Change in the Number of Gyms

2,000





We aim to open 300 gyms by the end of this term

We aim to open 2,000 gyms by FY 3/26. The number of gyms will be comparable to that of convenience stores.



Efforts for Reducing Costs



Efforts for significantly reduce costs for opening and operating gyms

Direct procurement

(Procurement of materials, such as wallpaper and flooring)

Costs for opening gyms



Lump-sum purchase/inhouse development

(over 2,000 units)



Visualization of costs

(Production → Transportation → Storage → Shipping)



Unstaffed





In-house Advertising

(Putting flyers into mailboxes and distributing them by hand)



Standardization

(Flowcharts for opening gyms and attracting customers)

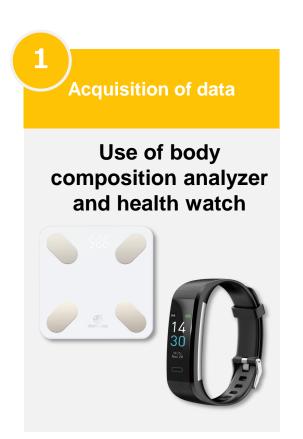


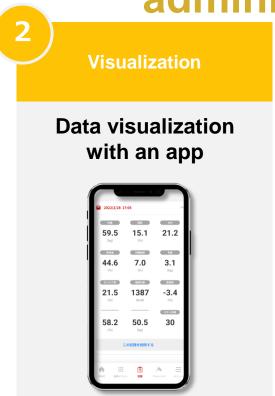
chocozap for Corporate Clients

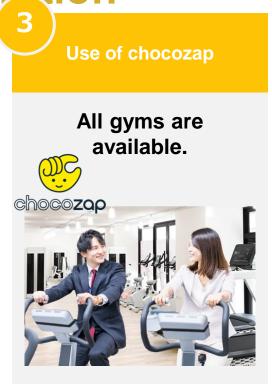


By offering chocozap for corporate clients, we will contribute to "health-oriented business

administration"





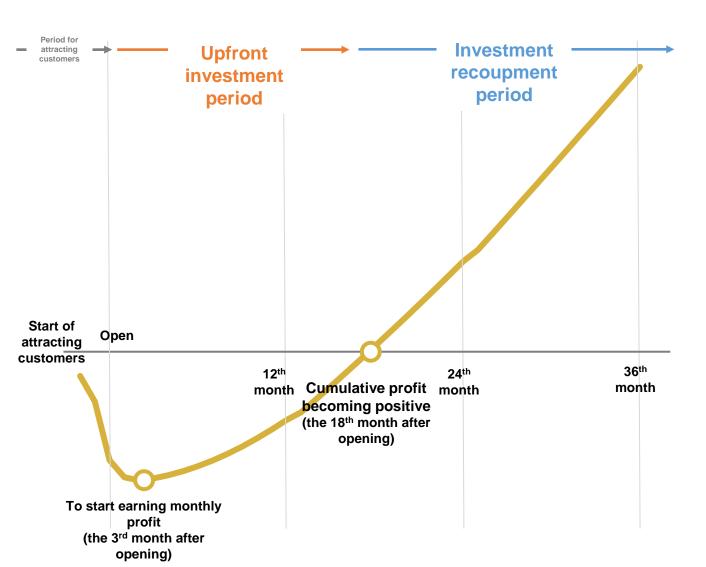




Profit/Loss per Gym



Visualized variation in operating profit/loss



After the initial investment period, the investment will start contributing to profit considerably in the second year.

	chocozap I	*9		
	1 st year ^{*1}	2 nd year	Other gyms ^{*2}	
Sales	100%	100%	100%	
Rents	34%	20%	20%	
Utilities costs	2%	1%	10%	
Depreciation	11%	8%	10%	
Personnel expenses	3%	2%	30%	
Ad costs	31%	9%		
Other	56%	25%	-	
Operating profit	-36%	34%		

^{*1} Recording from the start of attracting customers

^{*2} It indicates the approximate cost structure of general fitness gyms.

Criteria for Closing Gyms



To minimize the risk of closing gyms from the time of opening them

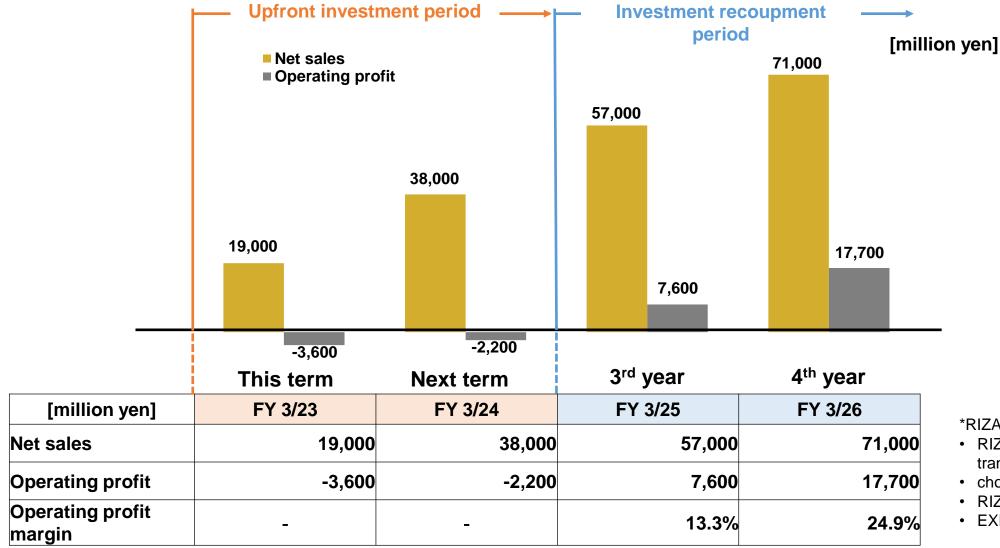
Reduction of the cost for closing gyms Removal of restrictions on early termination At the time Negotiation for penalty of opening conditions, etc. gyms Not to select free-rent options Minimization of the cost for closing gyms At the time Work with partner firms for of closing restoring each real estate to gyms its original state by ourselves







After the upfront investment period, we are expected to have a return on our investment from FY 3/25.



*RIZAP-related business:

- RIZAP (Body transformation)
- chocozap
- RIZAP GOLF
- EXPA, etc.

Investment Plan (chocozap business)



Investment amount (FY 3/23-FY 3/26)

Investment in tangible assets

20 billion yen

In-gym equipment, interior decorating, training machines, etc.

Investment in intangible assets

30 billion yen

Development of apps and systems, marketing, recruitment and development of DX personnel, etc. To invest 50 billion yen in 4 years

Fund procurement policies: (1) Operating CF of existing businesses, (2) Borrowing from banks, (3) Liquidation of non-core assets, etc.



4. Medium-term Management Plan

Medium-term Management Goals



Target operating profit: 30 billion yen (FY 3/26)

Operating profit [million yen]	Term before last	Previous term	
. 3 , .	FY 3/21	FY 3/22	
Consolidated performance of RIZAP Group	1,594	5,234	
RIZAP-related business (including chocozap)	-624	1,138	
Other existing businesses	758	1,929	
Healthcare and beauty (excluding RIZAP-related business)	-190	-62	
Lifestyle	1,639	1,561	
Investment	-692	431	
Adjustment	1,461	2,167	

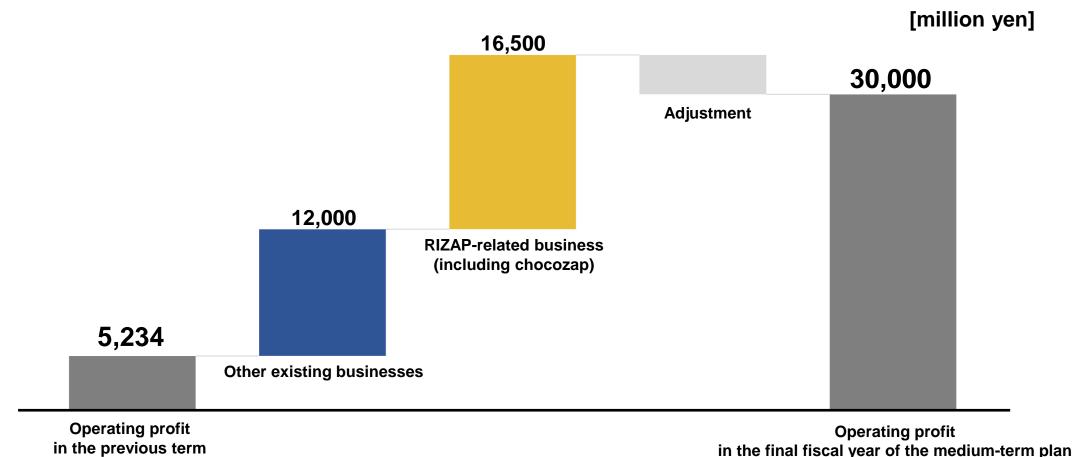
4 th year of the medium- term plan FY 3/26	Compound annual growth rate (CAGR)	Growth rate (from FY 3/22)	Remarks
30,000	154%	573%	
17,700	198%	1555%	Concentration on investment for growth
14,000	164%	725%	Sustainable profit growth
3,200	-	-	
8,500	152%	544%	
2,300	152%	534%	
-1,700	-	-	

⁽Note) The figures for each segment are the sums of results and forecasts of group companies. "Adjustment" includes consolidated adjustment, group-wide expenses, and gain from the sale of assets





Target operating profit: 30 billion yen (FY 3/26)



(Note) The figures for each segment are the sums of results and forecasts of group companies. "Adjustment" includes consolidated adjustment, group-wide expenses, and gain from the sale of assets.

Earnings Forecast for FY 3/23



Net sales: 155 billion yen (95.5% of previous term)

Operating profit: 500 to 2,500 million yen (9.6 to 47.8% of previous term)

Profit: -2 billion yen to 500 million yen

The income forecast is disclosed in ranges because the external environment is uncertain (the significant depreciation of the yen, increase in raw material prices, etc.) and we plan to open gyms earlier than scheduled if the performance of the chocozap business is healthy.

As we will open more gyms earlier than scheduled, the possibility of achieving the target profit of the medium-term management plan will increase.

*Profit: Net income attributable to owners of parent

Synergy between RIZAP and chocozap

chocozap will accelerate the growth of the RIZAP business

RIZAP members can use the chozozap gyms as much as they want











Healthcare



Plentiful contents



Body composition



Increase of fitness club members



RIZAP trainers provide chocozap members with the "program exclusively for beginners." (4 times/month, personal, 19,800 yen)

To support workout

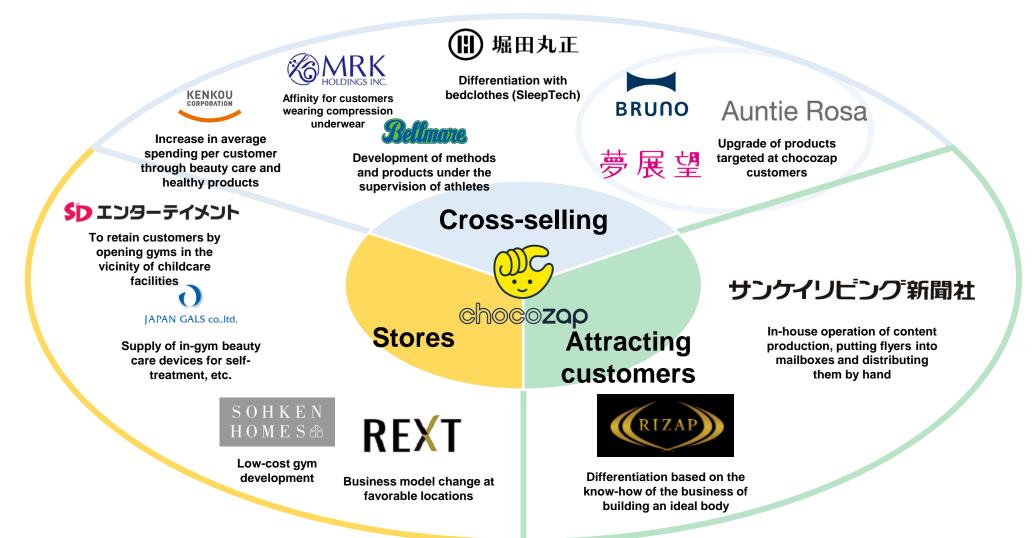
Improvement of services



Synergy among Group Companies



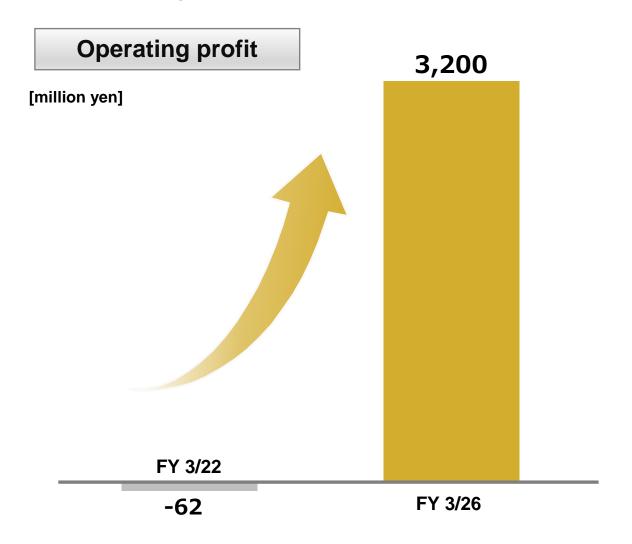
Fusion of synergetic effects between the strengths of group companies and chocozap



Healthcare and Beauty Segment



(excluding RIZAP-related business)



To grow profits by maximizing the synergy with chocozap



To increase customers by enhancing EC and online counseling.

To expand sales by strengthening beauty-related products.



To increase the sale of beauty care devices for chocozap.

To improve profit margin by improving PB products and EC.



To concentrate managerial resources onto hit products, such as Doroawawa.

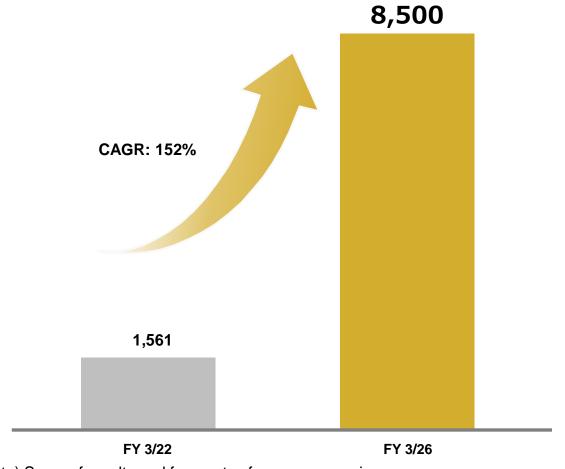
To expand the sale of healthy products, etc. for chocozap.

Lifestyle Segment



Operating profit

[million yen]



To establish a stable revenue base by realizing cross-sectoral business operation and optimizing costs



To redesign our products and pricing strategy for making the business highly profitable.

To restructure and optimize the logistics and supply chain.

To unify store operation and promote DX.

To withdraw from unprofitable businesses and gyms, and reallocate managerial resources.



To develop new products by utilizing the forte of the BRUNO brand.

To reduce costs based on the alliances with strategic suppliers. To curtail distribution costs by rebuilding overseas logistics networks.



To improve profit margin by continuing a reform on our pricing strategy.

To concentrate managerial resources onto competitive brands.

Auntie Rosa

To raise profit margin through our pricing strategy and cost reduction.

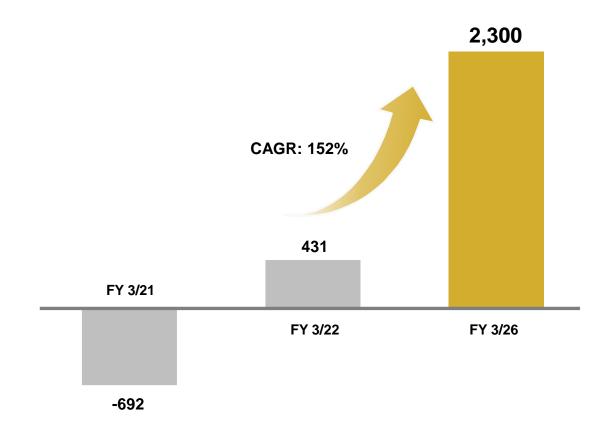
To brush up the forte of the know-how to sell apparel via EC.

Investment Segment

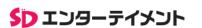


Operating profit

[million yen]



To improve the strength of each group company and contribute to all group companies with functions and revenues



To concentrate managerial resources onto the revenueearning business (childcare and nursing care). To optimize the cost structure of the fitness business.



To further differentiate the fancy twisted yarn business and boost overseas sales.

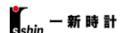
To launch the SleepTech business in the bedclothes business.



To grow sales by strengthening automobile-related parts.



To improve profit margin by reducing the costs for housing with high added value.



To enhance the sales promotion of Patek Philippe, which is the mainstay.



To enhance measures for recovering the number of spectators after the end of the coronavirus pandemic.

サンケイリビング新聞社

To improve the function to produce contents in our corporate group.

Change in the definition of the Investment segment (From October 2022)

Investment businesses in our corporate group, and businesses whose reconstruction should be accelerated





5. For Sustainable Growth





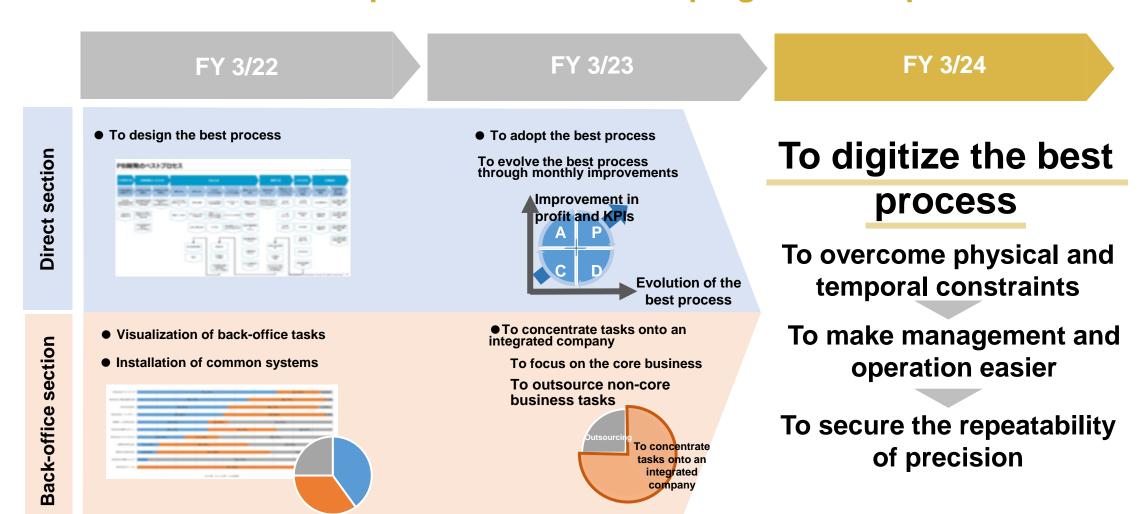
We plan to comply with all principles of the Corporate Governance Code, by the end of the 4-year period of the medium-term management plan

No.	Major item	Our response	Schedule	Principles of the Code
1	Establishment and development of a Nomination/Remuneration Committee	We have already established an arbitrary "Nomination/Remuneration Committee."	Completed	4. Duties of the board of directors, etc.
2	Basic policy for the business portfolio	We have already adopted "the standards for business management" for monitoring group companies and businesses.	(FY 3/22)	5. Dialogue with shareholders
3	Establishing diversity among employees	Setting of policies and goals regarding the promotion of women, non- Japanese employees, and mid-career workers to managerial positions, etc.		2. Appropriate cooperation with stakeholders
4	Enrichment of information disclosure	Disclosure of information in English (brief financial reports, material for briefing sessions, etc.)		3. Appropriate information disclosure and securing of transparency
5	Initiatives for sustainability	Disclosure in accordance with the measures for carbon neutrality and TCFD	This term (FY 3/23)	3. Appropriate information disclosure and securing of transparency
6	Skill matrix of directors	Disclosure of the skill matrix, which lists knowledge, experiences, abilities, etc.		4. Duties of the board of directors, etc.
7	Policy for dialogue with shareholders	Development of a system for promoting the dialogue with shareholders, involving outside directors, and formulation of policies		5. Dialogue with shareholders
8	Establishment of a special committee	Establishment of a "special committee" for protecting minority shareholders of listed subsidiaries		4. Duties of the board of directors, etc.
9	Basic capital policy	Formulation of a basic capital policy after the upfront investment period (from FY 3/25)	Next term (FY 3/24)	1. Securing the rights and equality of shareholders
10	Effective utilization of independent outside directors	fective utilization of independent Outside director already accounts for a majority of directors, and a		4. Duties of the board of directors, etc.

Measures for Tightening Governance (2)



To fortify the system for managing group companies by realizing the best process for business operations and developing a shared platform



Initiatives for Carbon Neutrality



Group-wide initiatives for carbon neutrality

Gyms / Stores



- Shift to renewable energy
- · Installation of LED lamps
- Change of packaging materials and digitization of receipts
- Use of sustainable materials for interior and exterior finishing
- Visualization of environmental burdens of products with carbon footprints

Development of PB products



- Promotion of recycling of raw materials and products, selection of suppliers of raw materials
- Sale of energy-saving products, and launch of new brands specializing in sustainability
- To increase the ratio of products that satisfy the environmental standards
- Sale of products supporting the carbon offset program

Logistics section



- Promotion of modal shift to transportation with railways and ships with lower environmental burden
- Enlargement of trucks for transportation, and streamlining of logistics efficiency through improvement in loading ratio
- Digitization of delivery slips and simplification of product inspection
- Reduction of redelivery cases by enriching product handover sites

Group-wide



- To use clean electric power
- To curtail power consumption
- (Reconsideration of air conditioners, replacement
- of transformers, installation of LED lamps, etc.)
- Reduction of paper consumption through digitization
- Reconsideration of the use of materials with high environmental burdens

 (Abolishment of special inks, use of bioplastics, etc.)

Investment Strategy for Human Resources



To continuously secure and train personnel who will lead sustainable growth

Up until now Headhunting from outside Short HR cycle Average age got older Reduction of educational costs

From now on

To recruit more new graduates

To train internal personnel, including
new graduates, trainers, and sales
staff, to promote them to executives



- Mid/long-term reshuffling, promotion
- Rejuvenation of the entire organization
- Adoption of programs for reskilling employees for DX and producing managers

Establishment of a Subsidiary Specializing in DX

Established a subsidiary specializing in DX named "RIZAP TECHNOLOGIES, Inc." in June this year.

Acceleration of active recruitment and training of DX personnel

Web/UIUX designers

Designs of EC sites and apps





- To design large-scale apps
- Production of landing pages and banners to keep up with the increasing business speed

Digital marketers

CRM and digital advertising



- Design and implementation of web/app marketing strategies
- Design of marketing linked with offline ads, such as TV commercials
- Design of cross-selling strategies combined with the existing businesses

Data analysts

Growth of apps and gyms of chocozap







- Analysis of data on about 200,000 members of RIZAP
- To design new exercise programs based on data
- To automate spatial optimization inside each gym

Engineers

Development of apps and services

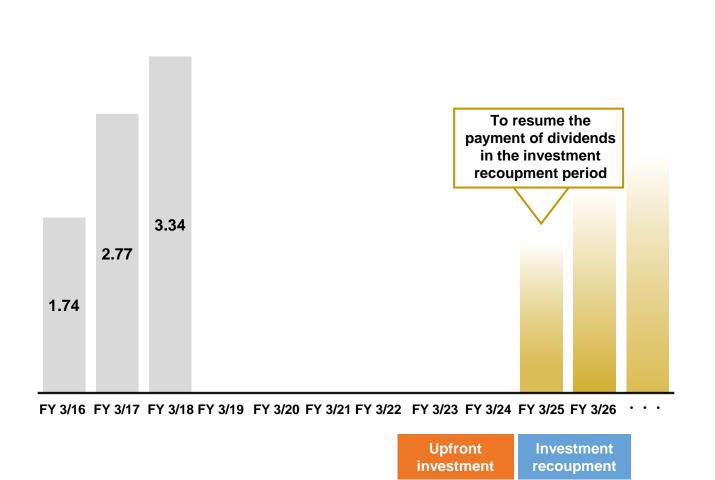


- Development of large-scale apps, and in-house production
- Seamless development of service plans from upstream processes

Dividend Policy



Dividend per share (yen)*



reform

Medium-term

management plan

Plan to resume the payment of dividends in FY 3/25

From the 4th year of the medium-term management plan, we will pay dividends continuously. (We plan to specify other standards.)

*Graph indicates dividend per share converted to the number of shares as of the end of March 2022.

Enrichment of Shareholders' Benefits

Offering of "special benefits for commemorating the launch of chocozap" at the end of this December



To present a coupon for using chocozap for 3 months as much as shareholders want.

The coupon will be effective at all gyms around Japan.

*Shareholders registered as of the end of December 2022



Summary

Easy

Convenient

Affordable

Creation of chocozap, a convenience gym born from RIZAP

chocozap special campaign for commemorating the grand opening

Initial cost: 0 yen

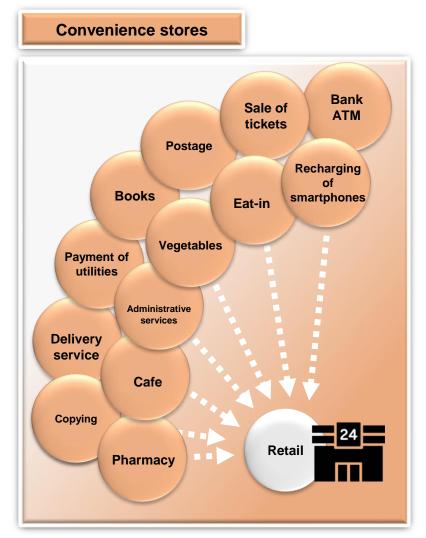
(Initial membership fee and handling charges)

Until November 15

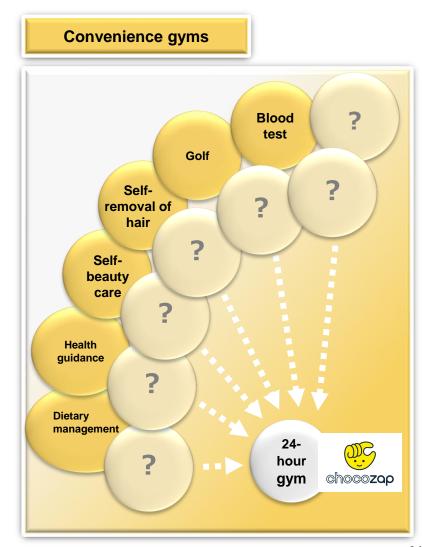


Expansion to the Business Domain Surrounding chocozap

To realize a "convenience gym," which will keep evolving







Potential Market Scale of chocozap (TAM)*1





29.2 trillion yen

21.8 trillion yen or more*2

Market scale of the healthcare industry (enhancement/maintenance of health and beauty care) *excluding treatment, etc.

6.5 trillion yen

Potential market of beauty care (1 trillion yen*3) & golf (5.5 trillion yen*4)

0.9 trillion yen*5
24 million people x 36,000 yen

Ratio of fitness club members: 20%

chocozap fee/year

I IAM = Total Available Market (maximum possible share in a certain market)

^{*4} Calculated by our company with reference to "How to grasp the fact that there are 5.2 million golf players in Leisure Whitepaper 2021" (Japan GOLF INDUSTRY NEWs, 2021 *5 Calculated by our company with the goal of reaching the standard ratio of fitness club members in the U.S. (20%)

Creation of Markets with chocozap



We create a market based on the chocozap services



Evolution of RIZAP Business

RIZAP

From 2012

GOLF



Commitment to individuals



Outstanding personalized care



Face-to-face guidance based on data



From 2015

ENGLISH

results with a 5-min.
workout.





Non-face-to-face guidance based on big data





Meticulous support through DX 5,245

chocozap, which improved the quality of services through DX, will further accelerate the growth of the RIZAP business.

RIZAP Group's vision is to make the most contributions to the wellness of humankind





SUSTAINABLE GALS DEVELOPMENT GALS



































Please watch the video

RIZAP Group's vision is to make the most contributions to the wellness of humankind



Knowledge of RIZAP



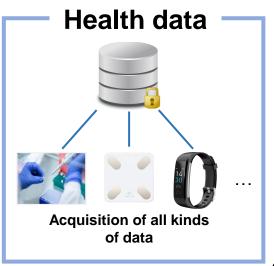
Unnecessary to change clothes A 5-min, workout would be effective

Access to health Nationwide operation 24 hours/day, 365 days/year

Community



Development of a platform for mutual support





Disclaimer

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